



Flagstaff Aquaplex

SUMMER SWIMMING POOL HOURS

June 4 -August 5, 2017

OPEN HOT TUB (6 years old & up)

6am-8:45pm-Daily

Age restrictions apply.

Thursday's Hot Tub CLOSED from 9:30am-10:30am for routine maintenance

RECREATION SWIM

Monday/ Wednesday: 1pm-4:50pm & 7pm-8:45pm

Tuesday/ Thursday: 1pm-4:50pm & 7pm-8:45pm

Friday: 1pm-8:45pm

Saturday: 12pm-8:45pm (lap pool closed 12pm-1pm for water aerobics)

Sunday: 12pm-5:45pm (lap pool closed 12pm-1pm for water aerobics)

LAP SWIM (12 years old & up)

2 lanes available unless otherwise noted. 1 lane for Aerobics users.

Lanes may be reversed for swim lesson programming

Monday- Thursday: 6am-9am & 12pm-1pm (1 lane from 12-1pm)

Friday: 6am-1pm (1 lane from 12-1pm)

Saturday: 6am-12pm (2 lanes from 8:30am-12pm)

Sunday: 10am-12pm

OPEN WATER WALKING (12 years old & up)

Monday-Thursday: 6am-1pm (lazy river only from 9am-12pm) & 5pm-7pm (lazy river only)

Friday: 6am-1pm

Saturday: 6am-12pm

Sunday: 10am-12pm

WATER AEROBICS CLASS (12 years old & up)

Monday/Wednesday/Friday: 8am-9am (splash pool) & 12pm-1pm (2 lanes-lap pool or splash pool)

Saturday/ Sunday: 12pm-1pm (lap pool)

AQUA BOOT CAMP (12 years old & up)

Tuesdays: 8-9am (splash pool/ lazy river)

PARENT TOT PLAYTIME (5 years old and under)

Friday: 9am-1pm

Saturday: 9am-12pm

Sunday: 10am-12pm

GROUP SWIM LESSONS

Monday- Thursday: 9am-12pm & 5pm-7pm

(pool area other than hot tub and lazy river are closed during these times)

Saturday: 9am-12pm

Sunday: 10:30am-12 pm

Parent Tot Playtime

- For children 5 years old and younger **ONLY**
- **An adult or chaperone 14 years old or older, MUST be in the water within arms reach of children at ALL times**
- Activity and cove area only
No lap pool or lazy river during this time.



SUMMER SWIMMING POOL HOURS

June 4-August 5, 2017

OPEN HOT TUB
(6 YEARS OLD & UP)

6am- 8:45pm daily. age restrictions apply.

MONDAY / WEDNESDAY

Recreation Swim:

1pm-4:50pm & 7pm-8:45pm

Lap Swim:

6am-9am & 12pm-1 pm (1 lane)
(12 years old & up)

Open Water Walking:

6am-1 pm (lazy river only from 9am-12 pm)
& 5pm-7pm (lazy river only)
(12 year old & up)

Water Aerobics Class:

8am-9am (splash pool)
& 12pm-1pm (lap pool)
(12 years old & up)

Group Swim Lessons

9am-12pm & 5pm-7pm

TUESDAY / THURSDAY

Recreation Swim:

1pm-4:50pm & 7pm-8:45pm

Lap Swim:

6am-9am & 12pm-1 pm (1 lane)
(12 years old & up)

Open Water Walking:

6am-1 pm (lazy river only from 9am-12 pm)
& 5pm-7pm (lazy river only)
(12 years old & up)

Aqua Boot Camp Class:

(Tuesdays ONLY)

8am-9pm (splash pool/ lazy river)
(12 years old & up)

Group Swim Lessons:

9am-12pm & 5pm-7pm

FRIDAY

Recreation Swim:

1pm-8:45pm

Parent Tot

Playtime:

9am-12pm
(5 years old and under)

Lap Swim:

6am-1pm
(1 lane from 12pm-1 pm)
(12 years old & up)

Open Water

Walking:

6am-1pm
(12 years old & up)

Water Aerobics Class:

8am-9am & 12pm-1pm
(12 years old & up)

SATURDAY

Recreation Swim:

12pm-8:45pm
(lap pool closed from
12pm-1 pm)

Parent Tot

Playtime:

9am-12pm
(5 years old and under)

Lap Swim:

6am-12pm
(12 years old & up)

Open Water

Walking:

6am-12pm
(12 years old & up)

Water Aerobics Class:

12pm-1pm (lap pool)

Group Swim Lessons:

9am-12pm

SUNDAY

Recreation Swim:

12pm-5:45pm
(lap pool closed from
12pm-1pm)

Parent Tot

Playtime:

10am-12pm
(5 years old and under)

Lap Swim:

10am-12pm
(12 years old & up)

Open Water

Walking:

10am-12pm
(12 years old & up)

Water Aerobics Class:

12pm-1pm(lap pool)

Group Swim Lessons:

10:30am-12pm

Please keep in mind...

- You must be 12 years of age or older for adult/youth fitness activities.
- Parent Tot Playtime is only for children 5 year old and under.
- Parent Tot Playtime participants are NOT allowed in the lazy river, lap pool or hot tub.
- Children in the pool for Parent Tot Playtime MUST have an adult or chaperone 14 years old or older in the water with them within arms reach at ALL times.
- The pool area other then the hot tub and lazy river will be closed for swimming lessons ONLY Monday-Thursday 9am-12pm & 5pm-7pm.
- Children under the age of 6 are NOT allowed in the hot tub due to its extreme temperature. Children 6 to 11 MUST be activity supervised by an adult or chaperone 14 years old or older at all times. Children 12 & up are allowed in Hot Tub unsupervised.
- We encourage guest to not use the Hot Tub for more then 15 minutes at a time due to its extreme temperatures
- Hot Tub CLOSED on Thursday's from 9:30am-10:30am for routine maintenance