

About Weight Rooms & Orientation

Strength and weight training are an important part of an overall fitness plan. All weight room locations are relaxed, noncompetitive, and harassment free environments. A weight room orientation is required at no additional charge prior to use of the equipment. The Hal Jensen Recreation Center's weight room fee allows access to this facility only. Call (928) 213-2760 to schedule a free tour or for information on each training area.

Hal Jensen Recreation Center Weight Room Fees	Monthly Rate	Annual Rate
Youth (12 - 17)	\$2.25	\$20.00
Adult (18+)	\$6.50	\$59.00
Senior and Active Military	\$5.50	\$48.25
Weight Room Schedule for ages 18+		
Monday, Wednesday, Friday	6:00 - 9:00 a.m.	
Monday - Friday	1:00 - 3:00 p.m. and 5:00 - 7:45 p.m.	
Saturday	10:00 a.m. - 3:45 p.m.	
Weight Room Schedule for ages 12-17		
Monday - Friday	3:00 - 5:00 p.m.	
Saturday	10:00 a.m. - 3:45 p.m.	

