



# Flagstaff Aquaplex

## FALL SWIMMING POOL HOURS

### August 6-December 16, 2017

#### **OPEN HOT TUB** (6 years old & up)

Hours: open — close daily.

On Thursdays the Hot Tub is CLOSED from 9:30am-10:30am for routine maintenance

#### **RECREATION SWIM**

Monday/Wednesday: 1pm-8:45pm (lap pool closed 5-7pm for group swim lessons)

Tuesday/Thursday: 1-4:50pm & 7-8:45pm

Friday/Saturday: 1pm-8:45pm

Sunday: 1pm-5:45pm

#### **LAP SWIM** (12 years old & up)

Monday/Wednesday/Friday: 6am-1pm

Tuesday/Thursday: 6am-1 pm & 5pm-7pm (1 lane)

Saturday: 6am-1pm

Sunday: 10am-1pm

Two lanes available unless otherwise noted. One lane for Aerobics users.

#### **OPEN WATER WALKING** (12 years old & up)

Monday-Friday: 6am-1pm

Tuesday/Thursday: 5pm-7pm (lazy river only)

Saturday: 6am-1pm

Sunday: 10am-1pm

#### **WATER AEROBICS CLASS** (12 years old & up)

Monday/Wednesday/Friday: 8am-9am (splash pool) & 12pm-1pm (splash pool)

Tuesday/Thursday: 9am- 10am (splash pool)

Saturday/Sunday: 12-1pm (splash pool)

#### **AQUA BOOT CAMP** (12 years old & up)

Tuesday/Thursday: 8am-9am (splash pool)

#### **PARENT TOT PLAYTIME** (5 years old and under)

Monday/Wednesday/Friday: 9am-1pm

Tuesday/Thursday: 9am-1 pm & 5pm-7pm

(zero depth-activity area only)

Saturday: 9am-1pm

Sunday: 10am-1pm

#### **GROUP SWIM LESSONS**

Monday/Wednesday: 5pm-7pm

Tuesday/Thursday: 5pm-7pm

Saturday: 9am-12pm

Sunday: 10:30 am-12 pm

#### **Parent Tot Playtime**

- For children 5 year old and younger **ONLY**
- **An adult/chaperone 14 years old or older MUST be in the water within arms reach of children at ALL times**
- Activity and cove area only
- **No lap pool or lazy river during this time**



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## FALL SWIMMING POOL HOURS

### August 6-December 16, 2017

#### MONDAY/WEDNESDAY

##### **Recreation Swim:**

1pm-8:45pm  
(Lap Pool closed from 5-7pm)

##### **Lap Swim:**

6am-1pm  
(12 years old & up)

##### **Open Water Walking:**

6am-1pm  
(12 year old & up)

##### **Water Aerobics Class:**

8am-9am (splash pool) &  
12pm-1pm (splash pool)  
(12 years old & up)

##### **Parent Tot Play Time:**

9am-1pm  
(5 years old and under)

##### **Group Swim Lessons**

5pm-7pm

#### TUESDAY/THURSDAY

##### **Recreation Swim:**

1pm-4:50pm & 7pm-8:45pm

##### **Lap Swim:**

6am-1pm & 5pm-7pm (1 lane)  
(12 years old & up)

##### **Open Water Walking:**

6am-1pm & 5pm-7pm  
(12 years old & up)

##### **Water Aerobics Class:**

9am - 10am (splash pool)  
(12 years old & up)

##### **Aqua Boot Camp**

8am-9am (splash pool)  
(12 years old & up)

##### **Parent Tot Play Time:**

9am-1pm & 5pm-7pm (activity area only)  
(5 years old and under)

##### **Group Swim Lessons:**

5pm-7pm

#### FRIDAY

##### **Recreation Swim:**

1pm-8:45pm

##### **Lap Swim:**

6am-1pm  
(12 years old & up)

##### **Open Water Walking:**

6am-1pm  
(12 years old & up)

##### **Water Aerobics Class:**

8am-9am (splash pool) &  
12pm-1pm (lap pool)  
(12 years old & up)

##### **Parent Tot Play Time:**

9am-1pm  
(5 years old and under)

#### SATURDAY

##### **Recreation Swim:**

1pm-8:45pm

##### **Lap Swim:**

6am-1pm  
(12 years old & up)

##### **Open Water Walking:**

6am-1pm  
(12 years old & up)

##### **Water Aerobics Class:**

12pm-1pm (splash pool)

##### **Parent/Tot Play Time:**

9am-1pm  
(5 years old and under)

##### **Group Swim Lessons:**

9am-12pm

#### SUNDAY

##### **Recreation Swim:**

1pm-5:45pm

##### **Lap Swim:**

10am-1pm  
(12 years old & up)

##### **Open Water Walking:**

10am-1pm  
(12 years old & up)

##### **Water Aerobics Class:**

12pm-1pm (splash pool)

##### **Parent Tot Playtime:**

10am-1pm  
(5 years old and under)

##### **Group Swim Lessons:**

10:30am-12pm