Open Hot Tub (6 years old & up)
6am-8:45pm daily
Age restrictions apply.
    Thursdays Hot Tub CLOSED from 9:30am-10:30am for routine maintenance.

Recreation Swim (all ages)
Monday & Wednesday: 1pm-8:45pm
    (5pm-7pm some areas may be reserved for swim lessons)
Tuesday & Thursday: 1pm-4:50pm & 7pm-8:45pm
Friday & Saturday: 1pm-8:45pm
Sunday: 1pm-5:45pm

Lap Swim (12 years old & up)
Monday / Wednesday: 6am-1pm
    (5pm-7pm some areas may be reserved for swim lessons)
Tuesday / Thursday: 6am-1pm & 5pm-7pm
    (5pm-7pm some areas may be reserved for swim lessons)
Friday & Saturday: 6am-1pm
    (9am-12pm some areas may be reserved for swim lessons)
Sunday: 10am-1pm

Open Water Walking (12 years old & up)
Monday / Wednesday: 6am-1pm
Tuesday / Thursday: 6am-1pm & 5pm-7pm
    (5pm-7pm some areas may be reserved for swim lessons)
Friday & Saturday: 6am-1pm
    (9am-12pm some areas may be reserved for swim lessons)
Sunday: 10am-1pm

Water Aerobics Class (12 years old & up)
Monday / Wednesday/Friday: 8am-9am
    Friday: 8am-9am & 12pm-1pm
Saturday & Sunday: 12-1pm

Parent Tot Playtime (5 years old & under only w/ chaperone 14 years old or older)
Children/Chaperones allowed in activity area and cove area ONLY.
    *No lap pool or lazy river access permitted*
Monday - Friday: 9am-1pm
Saturday: 9am-1pm
Sunday: 10am-1pm

Group Swim Lessons (Starting in middle of January thru middle of May)
Monday - Thursday: 5pm-7pm
Saturday: 9am-12pm

"Do you have any need for additional assistance or reasonable accommodations to ensure that you have equal accessibility, opportunity, and enjoyment of the facility, programs and/or equipment offered?
If Yes, please let staff or state so on your activity registration form, and we will do our best to provide you with a reasonable accommodation that meets your needs"
Flagstaff Aquaplex

SPRING SWIMMING POOL HOURS
January 2– May 25 2019

MONDAY / WEDNESDAY

Recreation Swim:
1pm-8:45pm

Lap Swim & Open Water Walking:
6am-1pm
(12 years old & up)

Water Aerobics Class:
8am-9am
(12 years old & up)

Parent Tot Play Time:
9am-1pm
(5 years old and under)

Group Swim Lessons:
(Starting in middle of Jan. thru middle of May)
5pm-7pm

TUESDAY / THURSDAY

Recreation Swim:
1pm-4:50pm & 7pm-8:45pm

Lap Swim & Open Water Walking:
6am-1pm & 5pm-7pm
(12 years old & up)

Parent Tot Play Time:
9am-1pm
(5 years old and under)

Group Swim Lessons:
(Starting in middle of Jan. thru middle of May)
5pm-7pm

FRIDAY

Recreation Swim:
1pm-8:45pm

Lap Swim & Open Water Walking:
6am-1pm
(12 years old & up)

Water Aerobics Class:
8am-9am & 12pm-1pm
(12 years old & up)

Parent Tot Play Time:
9am-1pm
(5 years old and under)

SATURDAY

Recreation Swim:
1pm-8:45pm

Lap Swim & Open Water Walking:
6am-1pm
(12 years old & up)

Water Aerobics Class:
12pm-1pm
(12 years old & up)

Parent Tot Play Time:
9am-1pm
(5 years old and under)

Group Swim Lessons:
(Starting in middle of Jan. thru middle of May)
9am-12pm

SUNDAY

Recreation Swim:
1pm-5:45pm

Lap Swim & Open Water Walking:
10am-1pm
(12 years old & up)

Water Aerobics Class:
12pm-1pm
(12 years old & up)

Parent Tot Play Time:
10am-1pm
(5 years old and under)

Please keep in mind:

- You must be 12 years of age or older for adult/youth fitness activities
- Parent/Tot Playtime is ONLY for children 5 years old and under
- Parent/Tot Playtime participants are NOT allowed in the lazy river, lap pool, or hot tub
- Children in the pool who are 5 and under MUST have an adult or chaperone 14 years old or older in the water with them at all times
- During lesson times, some areas of the pool may be closed.
- Children 5 & under are NOT allowed in the hot tub due to its extreme temperature, children 6 to 11 are allowed when supervised by an adult, and Children 12 & up are allowed in the hot tub unsupervised.
- We encourage guests to not use the hot tub for more than 15 minutes at a time due to the heat.
- Hot Tub is CLOSED on Thursday’s from 9:30-10:30am for routine maintenance.