

AQUAPLEX GYM SCHEDULE

PROGRAMMING SUBJECT TO CHANGE WITHOUT NOTICE

GYM A

GYM B

MONDAY

6AM-8AM

Open Basketball/Volleyball

Open Basketball/Volleyball

8:30AM-12PM

Open Pickleball

Open Pickleball

12:15PM-8:45PM

Open Basketball/Volleyball

Open Basketball/Volleyball

TUESDAY

6AM-8AM

Open Basketball/Volleyball

Open Basketball/Volleyball

8:30AM-12PM

Open Pickleball

Open Pickleball

12:15PM-3:30PM

Open Basketball/Volleyball

Open Basketball/Volleyball

3:30PM-5:30PM

Open Basketball/Volleyball

Open Basketball/Volleyball

6:00PM-8:45PM

COF RENTAL Not Open To Public

COF RENTAL Not Open To Public

WEDNESDAY

6AM-8AM

Open Basketball/Volleyball

Open Basketball/Volleyball

8:30AM-12PM

Open Pickleball

Open Pickleball

12:15PM-8:45PM

Open Basketball/Volleyball

Open Basketball/Volleyball

THURSDAY

6AM-8AM

Open Basketball/Volleyball

Open Basketball/Volleyball

8:30AM-12PM

Open Pickleball

Open Pickleball

12:15PM-5:30PM

Open Basketball/Volleyball

Open Basketball/Volleyball

6PM-8:45PM

Open Volleyball

Open Volleyball

FRIDAY

6AM-8AM

Open Basketball/Volleyball

Open Basketball/Volleyball

8:30AM-12PM

Open Pickleball

Open Pickleball

12:15PM-6PM

Open Basketball/Volleyball

Open Basketball/Volleyball

6PM-8:45PM

Open Basketball

Open Basketball

SATURDAY

6AM-9:30AM

Open Basketball/Volleyball

Open Basketball/Volleyball

9:30AM-10:30AM

Open Basketball/Volleyball

Adult Fitness Programming

10:30AM-9PM

Open Basketball/Volleyball

Open Basketball/Volleyball

SUNDAY

10AM-3:30PM

Open Basketball/Volleyball

Open Basketball/Volleyball

3:45PM-5:45PM

Open Pickleball

Open Pickleball

Gym availability may change at any time without notice for rentals & facility programming. Monday-Friday 3:30PM-5:30PM open gym is tentative. Please see front desk for daily activities, possible gym closures, & rental information. Coaches running practices must rent space and meet insurance requirements—please see Activities Coordinator for details.