

## Join Us For Group Skating Lessons!

Where: Jay Lively Ice Arena

When: Wednesdays 5:30 pm - 6:00 pm

(Arrive 15 mins early to have enough time to lace up and be at rink side.)

Costs: \$20 per year for Learn to Skate membership, valid July

1st through June 30th. (fees cannot be prorated)

**\$40 a month** (paid online or checks made out to FFSC)

Skate rental: \$4.00 paid to Jay Lively Ice Arena

## Programs:

**Snowplow Sam**– Introductory level divided into 4 progressive levels allowing children with no prior skating experience to build confidence while learning the basic skills of skating.

**Basic Skills**– These 6 progressive levels teach the fundamentals of figure skating, hockey, and speedskating. Skaters will focus on proper skill development.

**Hockey**– This 4 level class is designed to teach the fundamentals of hockey skating. Skaters will learn how to be more proficient and agile on the ice and learn proper skating techniques for the game of hockey.

**Adult**— You're never too old to learn! The adult curriculum is designed for both beginning and experienced adult skaters. This 6 level class will promote physical fitness and improve balance and coordination while teaching proper skating techniques.

Want Private Lessons? Join the Flagstaff Figure Skating Club!

Costs: \$84 yearly membership, monthly ice fee (\$20 walk on or \$120/month), lesson fee (from \$22-\$32/1/2 hour)

http://flagstafffigureskatingclub.com/content/membership

http://flagstafffigureskatingclub.com/content/coaches