



## Wellness Incentive Program

NAPEBT Wellness Incentive Program provides tools and resources to act in support of member wellness goals. Employees enter and participate in all wellness incentive program activities at [www.napebt.com](http://www.napebt.com)

**Incentive Deadline: Wednesday May 15, 2024, 11:59 p.m. Arizona Time**

**HR/Organizational support will be available until 5:00 p.m. Arizona Time on May 15. Support in the Wellness Portal will be available until 11:59 p.m.**

### 1. Health Plan Incentive (\$240)

Choose one wellness option listed below.

Option 1

- Annual Health Survey
- Attest an Annual Physical **with** biometric screenings (between May 16, 2023, and May 15, 2024)
- Attest Two Preventive Health Screenings

OR

Option 2

- Annual Health Survey
- Wellness Overview – watch wellness benefit videos and correctly answer questions

### 2. Personal Wellness Incentive (\$120)

After completing the requirements for the Health Plan Incentive, NAPEBT members can qualify to earn the Personal Wellness Incentive. Choose two of the wellness options listed below.

- 4 week Wellness Challenge
- Strive for 100,000 (physical activity) -track (manually or with a device) 100,000 steps before May 15, 2024
- Discover Wellness – watch wellness videos and correctly answer quiz questions
- Attest participation in a NAPEBT Wellness resource

**Send wellness incentive program questions to  
your HR/Organizational Support or to the Support Tab in the Wellness Portal**

## Frequently Asked Questions

- **Who is eligible for the Wellness Incentive Program?** If you have NAPEBT medical (including retirees), you are eligible to participate in the incentive program (clarify details with your HR representative).
- **Is there an order for completing the Health Plan (\$240) and Personal Wellness Incentive (\$120)?** Health plan incentive must be completed before award of earned personal wellness incentive.
- **How will I know when I have completed the Health Plan Incentive or Personal Wellness Incentive?** Each Incentive has a progress bar on the homepage that starts at 0%. Once all required items are completed for each level, the progress bar will show 100%.
- **When do I receive the Health Plan Incentive (\$240) insurance premium credit earned during the Wellness Incentive Program?** Award for the Health Plan Incentive occurs the year after it is earned (ex. Earned 2023-24, Awarded 2024-25) and the employee must be actively on the payroll when the incentives are paid.
- **When do I receive the Personal Wellness Incentive (\$120) funds earned during the Wellness Incentive Program?** After completing the requirements for the Health Plan Incentive, NAPEBT members can qualify to earn the Personal Wellness Incentive. Your agency HR representative can confirm the timing of the Personal Wellness Incentive award payment.
- **I changed NAPEBT employers during the Wellness Incentive year, how do I update my profile?** In the Wellness Platform, under Update Profile, click on “Locale”, please select your new agency from the dropdown list on the wellness platform. This helps the correct agency to process your wellness incentive.
- **I need help with NAPEBT Wellness ([www.NAPEBT.com](http://www.NAPEBT.com)) login or other technology questions?** Please send Wellness Incentive Program questions to your HR/Organizational Support or to the ‘Support’ tab in the Wellness Portal which may be found at the bottom of the page to contact customer support during business hours, Monday through Friday.